Behavioral Health Resources For <u>Any</u> Circumstance

IF YOU ARE PART OF AN EAP...

If you are a part of an employee assistance program (EAP), you will first exhaust the benefits or sessions provided by your pre-existing plan. After that, the Colorado Firefighter Trust will provide reimbursement for copays, deductibles, and other unreimbursed expenses for commonly covered behavioral health services.

IF YOU HAVE HEALTH INSURANCE...

If you have commercial insurance through your employer or the state, you will first need to utilize your insurance benefits. For expenses incurred that goes beyond what is covered by your insurance plan, the Colorado Firefighter Trust will provide reimbursement.

IF YOU DO NOT HAVE INSURANCE...

Even if you have no insurance, we have you covered. We have provided a list of recommended providers at cfhtrust.com/behavioral. From this list, you can make an appointment directly with a clinician and begin treatment immediately.

WHAT IS REIMBURSABLE?

Deductibles, co-pays, and other unreimbursed expenses, as well as additional treatments and therapies beyond what your current plan benefits offers.

Utilizing the Behavioral Health Program

- 1. Pay provider or clinician out-of-pocket
- Review the "Program Claims Process" at cfhtrust. com/behavioral to understand how the process works
- 3. Visit cfhtrust.com/claims
- 4. Fill out the Behavioral Health Claims Form and submit form to claims@cfhtrust.com or contact us for support at 1-844-769-6650



